



SOCIALLY *Speaking*

★ JULY 2026 NEWSLETTER ★



Who We Are

★ ★ Staff ★ ★

Andrea Croteau
Executive Director

Jessica Showalter
Program Coordinator

★ Board of Directors ★

Jason Grable
President

Adam Nuhfer
Vice President

Tim Dages
Treasurer

Teri Manship

Dennis Curlee

Rob Campbell

Drew Foster

Jen Winget

Jen Kaufman

The Social of Greenwood is a 501 c3 non-profit and has been serving seniors in the Greenwood, Indianapolis, and Franklin areas since 1979. Our mission is to provide programs, services, and activities designed to enhance the quality of life of those 50 and older in our community.



Location

550 Polk Street, Greenwood, IN 46143



Hours of Operation

Monday – Friday 9:00 am – 4:30 pm



Contact

317-882-4810



On The Web

Visit our website at www.thesocialofgreenwood.org or follow our Facebook page for the most up to date information.



Membership Eligibility

Anyone 50 or older is encouraged to become a member! Please note that The Social of Greenwood is not an accredited Adult Daycare facility and cannot accommodate members with severe cognitive or physical impairments, or those with decreased or deteriorating levels of independence.



Membership Fees

Johnson County Residents – \$20.00/Annually
Non-Residents – \$25.00/Annually



PURSE BINGO

AUGUST 27TH, 2026

**DOORS OPEN
5:00 PM**

**BINGO STARTS
6:30 PM**

**THE BARN AT
BAY HORSE INN**

**1468 West Stones
Crossing Road
Greenwood, IN 46143**

**TICKETS
\$40
EACH**

**CASH OR
CHECK ONLY**

**TICKETS
GO ON SALE**

AT THE SOCIAL OF GREENWOOD

550 Polk Street • Greenwood, IN 46143

SATURDAY, AUGUST 15TH | 9:00 AM – 11:00 AM

18+

TABLE RESERVATIONS MADE FOR PARTIES OF 8

**MUST BE 18+ TO PURCHASE TICKETS,
ENTER THE VENUE, AND PLAY.**



Have FUN



The Social will be
closed
on July 3rd in observance of
Independence Day.



Cards & Games



5 Crowns

Mondays at 12:30 pm
Cost: \$1.00

Bid Euchre

Wednesdays at 1:00 pm
Cost: \$1.00

Bingo

Fridays at 9:30 am
Cost: \$4.00

Euchre

Tuesdays at 12:45 pm
Cost: \$1.00

Hand & Foot

Thursdays at 12:30 pm
Cost: \$1.00

Mexican Train - Dominoes

Fridays at 12:30 pm
Cost: \$1.00

Super Samba

Tuesdays at 9:30 am
Cost: \$1.00

Contract Bridge

Thursdays at 1:00 pm
Cost: \$1.00

Groups & Clubs



Bunka Embroidery

July 8th & 22nd 6:30 - 8:30 pm
Cost: \$1.00

Woodcarving

Mondays & Thursdays at 9:00 am
Cost: Free



Choose HEALTH

★ Ballroom Dancing

Wednesdays at 9:30 am

Cost: \$5.00

★ Line Dancing

Wednesdays at 10:15 am

Cost: \$5.00

The Social will be
closed on **July 3rd** in
observance of
Independence Day.

Health & Wellness

Stretch & Flex

Tuesdays & Thursdays at 10:00 am

Cost: \$3.00

*Stretch & Flex is a seated exercise that
uses resistance bands to warm up muscles,
improving flexibility and balance.*

★ Gentle Chair Yoga

Wednesdays at 10:00 am

Cost: \$5.00

*A seated yoga class using beginner poses
that can reduce swelling in joints, increase
mobility and improve balance.*



Give Back While You Shop!

Just shop, swipe your Kroger Plus Card and earn
rewards for our non-profit organization.



Visit www.KrogerCommunityRewards.com



Locate your state and click "Enroll Now"



Sign in to your online account **OR** create a new account



Search for our code **UP889** or Greenwood Senior Citizens Center
& click "SAVE"



FRAUD PREVENTION

Lunch & Learn

Knowledge today. Protection for tomorrow.



Learn how to recognize and avoid today's most common scams, identity theft schemes, and fraud tactics. During this informative Lunch & Learn, KeyBank experts will share practical tips to help you safeguard your personal information, protect your finances, and spot warning signs before becoming a victim. Attendees will leave with valuable tools and resources to confidently navigate an increasingly digital world.



FRIDAY,
JULY 24
11:30 AM



THE SOCIAL OF GREENWOOD
Conference Room
550 Polk Street
Greenwood, IN 46143



**LUNCH
PROVIDED**

TOPICS WE'LL COVER:



PROTECT YOUR IDENTITY

Learn how identity thieves steal information and how to protect yourself.



RECOGNIZE SCAMS

Spot common scams and red flags before they cost you.



SAFEGUARD YOUR FINANCES

Understand the risks and steps you can take to protect your money.



RSVP IS REQUIRED TO ATTEND

Please call

317-882-4810

to reserve your spot.



*Space is
limited!*

This Lunch & Learn will be presented by



The Social of Greenwood

JULY 2026

Happy 4th of July!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 - Woodcarving – 9:00 AM - RSB Level 3–4 – 10:00 AM - CiCOA Lunch – 11:30 AM - RSB Level 1–2 – 12:00 PM 5 Crowns – 12:30 PM - RSB Level 1–2 – 1:30 PM	30 - Super Samba – 9:30 AM - Stretch & Flex – 10:00 AM - CiCOA Lunch – 11:30 AM - Euchre – 12:45 PM - RSB Level 1–2 – 5:30 PM	1 - Ballroom Dancing – 9:30 AM - Gentle Yoga – 10:00 AM - Line Dancing – 10:15 AM - CiCOA Lunch – 11:30 AM - RSB Level 3–4 – 12:00 PM - Bid Euchre – 1:00 PM - RSB Level 1–2 – 1:30 PM	2 - Woodcarving – 9:00 AM - Stretch & Flex – 10:00 AM - CiCOA Lunch – 11:30 AM - Hand & Foot – 12:30 PM - Contract Bridge – 1:00 PM - RSB All Levels – 5:30 PM	3  CLOSED <i>Happy Independence Day!</i> 	4  No Rock Steady Boxing Today 
6 - Woodcarving – 9:00 AM - RSB Level 3–4 – 10:00 AM - CiCOA Lunch – 11:30 AM - RSB Level 1–2 – 12:00 PM 5 Crowns – 12:30 PM - RSB Level 1–2 – 1:30 PM	7 - Super Samba – 9:30 AM - Stretch & Flex – 10:00 AM - CiCOA Lunch – 11:30 AM - Euchre – 12:45 PM - RSB Level 1–2 – 5:30 PM	8 - Ballroom Dancing – 9:30 AM - Gentle Yoga – 10:00 AM - Line Dancing – 10:15 AM - CiCOA Lunch – 11:30 AM - RSB Level 3–4 – 12:00 PM - Bid Euchre – 1:00 PM - RSB Level 1–2 – 1:30 PM - Parkinson Caregiver Support Group – 3:00 PM - Bunka Embroidery – 6:30 PM	9 - Woodcarving – 9:00 AM - Stretch & Flex – 10:00 AM - CiCOA Lunch – 11:30 AM - Hand & Foot – 12:30 PM - Contract Bridge – 1:00 PM - RSB All Levels – 5:30 PM	10 - Bingo – 9:30 AM - RSB All Levels – 10:00 AM - CiCOA Lunch – 11:30 AM - Mexican Train – 12:30 PM - RSB Level 1–2 – 1:00 PM	11 RSB All Levels – 9:00 AM
13 - Woodcarving – 9:00 AM - RSB Level 3–4 – 10:00 AM - CiCOA Lunch – 11:30 AM - RSB Level 1–2 – 12:00 PM 5 Crowns – 12:30 PM - RSB Level 1–2 – 1:30 PM	14 - Super Samba – 9:30 AM - Stretch & Flex – 10:00 AM - CiCOA Lunch – 11:30 AM - Euchre – 12:45 PM - RSB Level 1–2 – 5:30 PM	15 - Ballroom Dancing – 9:30 AM - Gentle Yoga – 10:00 AM - Line Dancing – 10:15 AM - Parkinson Support Group – 11:00 AM - CiCOA Lunch – 11:30 AM - RSB Level 3–4 – 12:00 PM - Bid Euchre – 1:00 PM - RSB Level 1–2 – 1:30 PM - Bunka Embroidery – 6:30 PM	16 - Woodcarving – 9:00 AM - Stretch & Flex – 10:00 AM - CiCOA Lunch – 11:30 AM - Hand & Foot – 12:30 PM - Contract Bridge – 1:00 PM - RSB All Levels – 5:30 PM	17 - Bingo – 9:30 AM - RSB All Levels – 10:00 AM - CiCOA Lunch – 11:30 AM - Mexican Train – 12:30 PM - RSB Level 1–2 – 1:00 PM	18 RSB All Levels – 9:00 AM
20 - Woodcarving – 9:00 AM - RSB Level 3–4 – 10:00 AM - CiCOA Lunch – 11:30 AM - RSB Level 1–2 – 12:00 PM 5 Crowns – 12:30 PM - RSB Level 1–2 – 1:30 PM	21 - Super Samba – 9:30 AM - Stretch & Flex – 10:00 AM - CiCOA Lunch – 11:30 AM - Euchre – 12:45 PM - RSB Level 1–2 – 5:30 PM	22 - Ballroom Dancing – 9:30 AM - Gentle Yoga – 10:00 AM - Line Dancing – 10:15 AM - CiCOA Lunch – 11:30 AM - RSB Level 3–4 – 12:00 PM - Bid Euchre – 1:00 PM - RSB Level 1–2 – 1:30 PM - Bunka Embroidery – 6:30 PM	23 - Woodcarving – 9:00 AM - Stretch & Flex – 10:00 AM - CiCOA Lunch – 11:30 AM - Hand & Foot – 12:30 PM - Contract Bridge – 1:00 PM - RSB All Levels – 5:30 PM	24 - Bingo – 9:30 AM - RSB All Levels – 10:00 AM - Fraud Lunch & Learn – 11:30 AM - CiCOA Lunch – 11:30 AM - Mexican Train – 12:30 PM - RSB Level 1–2 – 1:00 PM	25 RSB All Levels – 9:00 AM
27 - Woodcarving – 9:00 AM - RSB Level 3–4 – 10:00 AM - CiCOA Lunch – 11:30 AM - RSB Level 1–2 – 12:00 PM 5 Crowns – 12:30 PM - RSB Level 1–2 – 1:30 PM	28 - Super Samba – 9:30 AM - Stretch & Flex – 10:00 AM - CiCOA Lunch – 11:30 AM - Euchre – 12:45 PM - RSB Level 1–2 – 5:30 PM	29 - Ballroom Dancing – 9:30 AM - Gentle Yoga – 10:00 AM - Line Dancing – 10:15 AM - CiCOA Lunch – 11:30 AM - RSB Level 3–4 – 12:00 PM - Bid Euchre – 1:00 PM - RSB Level 1–2 – 1:30 PM	30 - Woodcarving – 9:00 AM - Stretch & Flex – 10:00 AM - CiCOA Lunch – 11:30 AM - Hand & Foot – 12:30 PM - Contract Bridge – 1:00 PM - RSB All Levels – 5:30 PM	31 - Bingo – 9:30 AM - RSB All Levels – 10:00 AM - CiCOA Lunch – 11:30 AM - Mexican Train – 12:30 PM - RSB Level 1–2 – 1:00 PM	



ROCK STEADY BOXING @ THE SOCIAL



★ NO ROCK STEADY BOXING ON JULY 3RD & 4TH ★

What is Rock Steady Boxing?

Rock Steady at The Social enables people with Parkinson's disease to fight their symptoms by providing non-contact boxing-style fitness programs that improve their quality-of-life, sense of efficacy and self-worth. For general inquiries or to schedule an assessment, please call The Social at 317-882-4810.

How do I participate?

Individuals of all ages are benefiting from our Rock Steady Boxing program. Prior to participating in their first class, individuals must have their doctor complete a medical release form and attend a 30 minute intake assessment by one of our trainers. If you have been diagnosed with Parkinson's disease and are interested in becoming part of our Rock Steady Boxing program, please call The Social at 317-882-4810 or email Jess Showalter - Jess@thesocialofgreenwood.org.

Participants are required to register for each class before attending.

Please visit www.myactivecenter.com to register for classes using the account information provided to you by The Social. If you have not received your account information or are experiencing issues with registration, please contact us at 317-882-4810. Registration will be open for one week at a time, and will open each Friday at 10:00 am for the following week.

How to pay for classes:

Per class - pay your Coach at the beginning of each class. \$5.00/class. If you plan to pay in advance for classes, you will need to purchase a punch card.

Purchase a punch card - We offer 3 different punch cards. Payments can be made at the front desk or, if you attend evening classes, please pay your Coach.

Punch cards available:

3 classes for \$15

6 classes for \$30

12 classes for \$60

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Level 3-4 10:00 - 11:00 am	Level 1-2 5:30 - 6:30 pm	Level 3-4 12:00 - 1:00 pm	All Levels 5:30 - 6:30 pm	All Levels 10:00 - 11:00 am	All Levels 9:00 - 10:00 am
Level 1-2 12:00 - 1:00 pm 1:30 - 2:30 pm		Level 1-2 1:30 - 2:30 pm		Level 1-2 1:00 - 2:00 pm	

★ Parkinson Caregiver Support Group ★

July 8th at 3:00 pm
The Social | Conference Room

★ Parkinson Support Group ★

July 15th at 11:00 am
The Social | Conference Room

Our Parkinson's Support Group provides an opportunity for those with Parkinson's Disease to meet and discuss topics that directly affect and interest them.





WILLIAMS BARRETT & WILKOWSKI LLP

Asset Protection/Probate Avoidance

Medicaid Planning and Elder Law

Estate Planning and Administration

Litigation and Appeals

Commercial Law

Mediation Services

Real Estate, Land Use & Zoning

Business Services

WILLIAMS BARRETT & WILKOWSKI, LLP

600 N. Emerson Avenue, Greenwood, IN (Near I-65 & County Line Road)

(317) 888-1121 – wbwlawyers.com

THE SOCIAL'S WISHLIST

As a non-profit organization, The Social of Greenwood relies heavily on the generosity of others. Thank you in advance for helping us with our mission of serving seniors within our community.

These are the items our organization is in most need of at this time:

8oz Coffee Cups	Toilet Paper	Paper Towels
Napkins	8.5x11 Printer Paper	Creamer Singles
Paper Plates	Solo Cups	Lysol Wipes



For a complete list of food pantries in Johnson County, please call The Social at 317-882-4810.

Are you in need of a walker or a wheelchair? We might have what you need!

Call us today to check availability. We'd love to help!
317-882-4810



Monday	Tuesday	Wednesday	Thursday	Friday
Cultural Meal Day 		1 Ginger BBQ Chicken Whipped Sweet Potatoes Collard Greens Wheat Bread Diced Pears Milk	2 Scrambled Eggs Pork Sausage Roasted Potatoes Wheat Bread Spiced Peaches Milk	3 Meal Site Closed
6 Grilled Hamburger Mac & Cheese Festive Green Beans Diced Pears Wheat Bun Milk	7 Herb Crusted Hake Red Skinned Potatoes Broccoli Wheat Bread Tropical Fruit Milk	8 Braised Beef Over Egg Noodles Collard Greens Diced Carrots Wheat Roll Applesauce Milk	9 Chicken Ratatouille Root Vegetables Diced Peaches Milk 	10 Swedish Meatballs Broccoli Diced Carrots Brown Rice Wheat Bread Mixed Fruit Milk
13 Oven Fried Chicken Whipped Sweet Potatoes Collard Greens Orange Juice Milk	14 Italian Bowtie Pasta w/Beef Broccoli w/Red Peppers Green Beans Mandarin Oranges Milk	15 Bagel w/Egg, Pork Sausage & Cheese Sliced Apples Roasted Sweet Potatoes Milk	16 Turkey Ham & Beans Beets Carrots Corn Bread Mixed Fruit Milk	17 Bibimbap Kyoto Vegetables Red Skinned Potatoes Wheat Bread Diced Pears Milk
20 Sliced Turkey over Southwest Pasta Broccoli Peas Chocolate Pudding Milk	21 Chicken Parmesan Parmesan Cheese Apples w/Cherries & Almonds Roasted Potatoes Wheat Bread Diced Mangos Milk	22 Sloppy Joe WG Bun Roasted Sweet Potatoes Brussel Sprouts w/ Onion Diced Pineapple Milk	23 Teriyaki Chicken & Noodles Stir Fry Veggies Fresh Orange Milk	24 Beef Stew Corn Turnip Greens Wheat Bread Diced Peaches Milk
27 Meatloaf w/Gravy Brussels sprouts Mashed Potatoes Mandarin Oranges Birthday Treat Milk	28 Indiana Style Chili Mac California Veggie Blend Applesauce Corn Bread Milk	29 Smoked Pork Sausage w/Peppers & Onions Peas Roasted Potatoes Wheat Roll Strawberry Applesauce Milk	30 Chicken & White Bean Chili Brussel Sprouts Corn Corn Bread Mixed Fruit Milk	31 Lemon Salmon Roasted Sweet Potatoes Broccoli w/ Red Peppers Wheat Roll Mandarin Oranges Milk



STAY CONNECTED

WITH THE SOCIAL OF GREENWOOD

Stay in the loop with news, events, classes, and more!



CALL US

317-882-4810



VISIT OUR WEBSITE

www.thesocialofgreenwood.org



FOLLOW US
ON FACEBOOK

The Social of Greenwood



EMAIL US

info@thesocialofgreenwood.org



VISIT US

550 Polk Street
Greenwood, IN 46143



OUR MISSION

To provide programs, services, and activities
designed to enhance the quality of life of those 50 and older
in our community.

*Thank you for supporting
The Social of Greenwood
and helping us build a
stronger, healthier, and
more connected community!*

SUPPORT OUR MISSION

Your donation helps us continue providing programs, activities,
and social connection for adults 50+ in our community.

YES, I WANT TO SUPPORT THE SOCIAL OF GREENWOOD!

☐ \$25 ☐ \$50 ☐ \$100 ☐ \$250 ☐ Other \$ _____

This gift is: ☐ In Honor of ☐ In Memory of

Name: _____

Donor Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

☐ Please do not publish my name in any printed materials.



DONATE BY CHECK

Make checks payable to:
The Social of Greenwood
550 Polk Street
Greenwood, IN 46143

OR



DONATE ONLINE

Visit our website to make
a secure donation.
www.thesocialofgreenwood.org

OR



EVERY GIFT MAKES A DIFFERENCE

Thank you for helping us
enrich lives and build community!

Community grows where connection thrives.

